

## Group Information

Groups are held weekly at CSFC on the 2nd floor of the Judicial Center. You may call for information regarding group times as they may vary. Groups are available for those who speak languages other than English. Interpreters are provided when needed. Lengths of group vary but can be up to 30 weeks long. The cost is \$300 per group cycle and \$10 for each individual or family session.

## What men have said about the program:

*“I’ve learned to understand the value of life and relationships. Never take anything for granted. Everyone has feelings.”*

*“What I’ve noticed in myself is one thing but what my family and friends have noticed means even more ...”*

*“I hope that the next class does not waste their time at the beginning like I did, thinking they don’t belong here..”*

*“I’ve learned to be patient, communicate, think before I act. No matter what happens, I’m 100% responsible.”*

*“I’ve learned to set an example for my children to emulate.”*

*“I got to express my problems the way I never expressed it before, and figured out solutions for it.”*

**Chief Justice Robert J. Torres, Jr**  
Supreme Court of Guam

**Presiding Judge**  
**Alberto C. Lamorena, III**  
Superior Court of Guam

**Virginia W. Yasuhiro,**  
**Acting Administrator**  
Client Services and Family  
Counseling Division

Telephone: 475-3101/3383  
Facsimile: 472-5450

Judiciary of Guam  
120 West O’Brien Drive  
Hagåtña, Guam 96910

For further information:  
email: [csfc@mail.justice.gov.gu](mailto:csfc@mail.justice.gov.gu)  
or visit our website  
[www.guamcourts.org](http://www.guamcourts.org)

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## Men’s Family Violence Treatment Groups



## Client Services & Family Counseling Division

# Family Violence Men's Groups

**Purpose:** To promote safety and non-violence in relationships by educating and counseling men.

## Men Learn

- To recognize their anger and stop abusive behaviors.
- To remove themselves from situations that can lead to abuse.
- To replace unfair, controlling behavior with equality and respect.
- To change attitudes, behaviors, feelings and cultural values that support violence.
- To use non-violent skills for anger management, stress management and decision-making.
- To feel better about themselves.
- To talk out their problems and conflicts by improving their communication skills.
- To learn how to regain the trust of their families.

## Family Violence Act of 1994

Guam law allows certain individuals charged with family violence who meet the qualifications defined in the law to have their cases diverted and placed in an education and treatment program to address their violent behavior. CSFC has been running family violence men's groups since December of 1993.

## Who is Eligible

The program is available to men who have been violent toward their wife, girlfriend or partner and are on pretrial diversion, probation or parole. All other referrals are determined on a case by case basis.

## Assessment process

The Judge refers the individual to CSFC where he meets with a counselor who will review his strengths, needs and behaviors and make treatment recommendations. In addition to group counseling, the counselor may recommend psychological or psychiatric evaluations, individual, couples or family counseling as needed, and substance abuse referrals.

## What we know about

### Family Violence

- Family violence can include physical abuse and many forms of disrespectful behavior against those claimed to be loved.
- No one has the right to be abusive and no one deserves to be abused.
- Family violence destroys the human spirit.
- Family violence is learned behavior that CAN be changed.
- Men can help each other to learn to be violence free and to achieve true self respect.
- Children's lives and their future happiness depend on men learning peaceful ways to communicate and to problem solve.