### WOMEN HAVE A RIGHT TO...

Be safe... Be happy... Believe in themselves... Have their own Identity... Be heard... Be taken seriously... Be treated with respect & kindness... Have peace of mind... Laugh, live and be themselves.



# RESOURCES

Judiciary of Guam CLIENT SERVICES & FAMILY COUNSELING DIVISION 475-3383/3101

ALEE SHELTER HOTLINE 637-2533

**GUAM POLICE DEPARTMENT** 911 472-8911

> CRISIS HOTLINE/ VICTIMS ADVOCATES REACHING OUT (VARO) 647-8833

VICTIMS ASSISTANT UNIT 475-8620

Chief Justice Robert J. Torres, Jr Supreme Court of Guam

Presiding Judge Alberto C. Lamorena, III Superior Court of Guam

Virginia W. Yasuhiro, Acting Administrator Client Services and Family Counseling Division 120 W O'Brien Dr. Hagåtña, Guam 96910 Telephone: 475-3101/3383 Facsimile: 472-5450 E-mail: csfc@mail.justice.gov.gu Website: www.guamcourts.org



## A safe haven for women





THIS INFORMATIONAL BROCHURE WAS PRODUCED IN ACCORDANCE WITH THE JUDICIARY OF GUAM'S STRATEGIC PLAN TO IMPROVE ACCESS TO OUR COURTS AND THE DELIVERY OF COURT SERVICES. Judiciary of Guam—Strategic Plan 2007-2010, Strategic Issue #1

# THRIVE. Teaching Healing & Recovery for Women In Violent Environments

#### T.H.R.I.V.E.

empowers women by providing

education about Family Violence and opportunities to learn new strategies and life skills to support new life changes.

### T.H.R.I.V.E. :

- Helps women understand that although everyone's experience is different, they are not alone.
- Provides a safe, confidential place to talk about your thoughts, feelings, experiences and get information and/or support.
- Offers a women a chance to discuss questions, confusion or fears about their relationships.
- Women are able to identify their strengths and goals, make sense of options, and be better able to make decisions.
- Women are offered healthy ways for coping with overwhelming emotions.

#### Why Learn About Family Violence?

- No one ever deserves to be abused and no one has a "right" to be abusive.
- Family Violence is the use of intimidation and fear to maintain power and control over a family member. It can include physical abuse and it can also include any form of disrespectful behavior against those claimed to be loved.
- Family Violence is learned behavior. It is behavior that CAN be changed.
- Family Violence destroys the human spirit.



#### LOCATION

Client Services & Family Counseling Offices, 2nd floor Guam Judicial Center 120 West O'Brien Drive, Hagåtña

#### TIMES AND DAYS

Monday or Wednesday 5:00 PM - 7:00 PM

#### LENGTH

20 sessions

#### SERVES

Any woman 18 and older who has been or is presently in an abusive relationship.

#### FACILITATORS

Kelly Sukola, MA Melissa Casil Chargualaf, MSCP

#### CONTACT

For more information about T.H.R.I.V.E. or to schedule an appointment for assessment, call **475-3383** or **475-3101** or email us at <u>csfc@mail.justice.gov.gu</u>